

Schizophrenia Symptoms in Hinako's Character in the Anime Ride Your Wave Using a Literary Psychology Approach

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Abstract. This research discusses the hallucinations experienced by the character Hinako in the anime Ride Your Wave. The schizophrenia symptoms exhibited by Hinako are triggered by a tragic incident that resulted in the death of her lover. The purpose of this research is to identify the symptoms of schizophrenia through the theory of hallucinations as exhibited in Hinako's character. This research uses psychoanalytic theory and Stuart's theory of hallucinations. The data was collected from sources related to the anime Ride Your Wave. The data collection method used in this research is qualitative descriptive, where the data is not presented in numerical form. In the process, the data was collected by identifying hallucination scenes experienced by the character Hinako in the anime Ride Your Wave, followed by collecting scene data, transcribing dialogues, and then proceeding with data analysis. The results of the analysis show that the character Hinako experiences three types of hallucinations out of five hallucinations. These three types are visual hallucinations, auditory hallucinations, and tactile hallucinations.

Keywords: psychoanalysis, schizophrenia, hallucination, Ride Your Wave

RESEARCH BACKGROUND

A literary work is a product of thoughts and ideas originating from an author with an imaginative mind. Literary works emerge within society because of the author's imagination and reflections of social phenomena (Pradopo, 2003). Literary works are fictional in nature, even though their stories may be inspired by real-life events. There are three main types of literary works, one of which is drama (Waluyo, 2005:1). Over time, the form of dramatic literature has evolved into film, and one type of film that will be used as material for analysis is animated films, or anime.

According to (Endaswara, 2011:96), literary psychology is a study of literature that views a literary work as a mental or psychological activity. The author employs creativity, emotions, and personal experiences in their work. A literary work perceived as a psychological phenomenon will present psychological aspects through its characters, whether the text is in the form of drama or prose. According to the research by (Nisa and Wahyuningsih, 2014) titled "Inner Conflict of the Main Character in the Film 'Okuribito' by Yojiro Takita," film is one form of literary work. A film is also a type of artistic creation that can deliver information and messages in a creative and unique way.

The anime Ride Your Wave, titled in Japanese as *Kimi to, Nami ni Noretara* (きみと、波にのれたら). The anime Ride Your Wave tells the love story of a 19-year-old girl named Hinako Mukaimizu and a 21-year-old young man named Minato Hinageshi. The story begins when Hinako, who is passionate about surfing, decides to move to another town to attend university. She rents an apartment located near the beach. Not long after moving in, her apartment catches fire during a fireworks display. During the incident, she is rescued from the rooftop by a firefighter, Minato Hinageshi. This event marks their first meeting. As they meet again on various occasions, Hinako and Minato grow

closer and eventually begin a romantic relationship. Minato works as a firefighter, and one day while he is surfing at the beach, he notices someone struggling in the water, caught in strong waves. As he tries to save the person, Minato himself is swept away by the wave, which ultimately takes his life. This tragic event leaves Hinako devastated. She falls into deep depression, starts experiencing hallucinations, and appears to develop symptoms of schizophrenia. Schizophrenia is a mental disorder that affects a person's ability to think clearly, feel emotions, and behave normally. It is characterized by thoughts or experiences disconnected from reality, hallucinations, disorganized speech or behavior, and a decline in engagement with daily activities. Through its emotional storytelling, the film explores themes of love, grief, and psychological struggle, portraying how loss can deeply impact a person's mind and life.

According to the research by (Wibowo and Wahyuningsih, 2019) titled "Paranoid Schizophrenia Suffered by the Lead Character in the Movie 'Kotoko' by Shinya Tsukamoto", rapid changes and urban lifestyle influences often cause individuals to experience heavy psychological pressure, which can develop into depression. The instability of mental conditions can disrupt normal patterns of thinking and lead to unusual or abnormal behaviors.

The reason the author chose Hinako as the object of analysis in the anime Ride Your Wave is that her character portrayal exhibits signs of mental instability, suggesting that she experiences symptoms of schizophrenia. Her psychological condition, particularly her hallucinations and emotional distress following a traumatic event, makes her a suitable subject for analysis using Stuart's theory of hallucinations.

Schizophrenia is a serious type of mental disorder that affects a person's emotions, thoughts, and behavior. It is classified as a psychotic disorder, characterized by an inability to distinguish reality from illusion and a loss of self-awareness (Yudhantara & Istiqomah, 2018). One of the most common symptoms of schizophrenia is hallucination, experienced by approximately 70% of patients. According to Stuart, hallucinations are perceptual disturbances in which individuals hear voices, smell odors, feel sensations, or see visual images that do not actually exist in reality.

According to Stuart (2007), there are five main types of hallucinations in mental disorders:

1. Visual Hallucinations
2. Auditory Hallucinations
3. Olfactory Hallucinations
4. Gustatory Hallucinations
5. Tactile Hallucinations

REVIEW OF RELATED LITERATURE

A previous research referenced regarding schizophrenia symptoms using the theory of hallucinations was conducted by Mipha Andini Aprilia in 2018, at the Faculty of Cultural Sciences, Diponegoro University, titled "Hallucinations of the Main Character Hagiyo Harumi in the Film Roommate by Director Takeshi Furusawa (A Literary Psychology Study)." The results of the research revealed four types of hallucinations experienced by the character Harumi: visual hallucinations, auditory hallucinations, gustatory hallucinations, and tactile hallucinations. The primary distinction between Mipha Andini Aprilia's research and the author's is the data sources used; the author focuses on the anime Ride Your Wave as the subject of analysis, while Mipha Andini Aprilia's research uses the film Roommate as the data object.

Another research on schizophrenia symptoms using the theory of hallucinations was conducted by Ahmad Burhanuddin in 2020, at the Faculty of Language and Arts, State University of Surabaya, titled "Schizophrenia of the Main Character in the Novel Chemistry by Akhmad Sekhu: An Abnormal Psychology Perspective." The results of this research indicated that the schizophrenia symptoms experienced by the character Aura include positive symptoms such as auditory hallucinations, visual hallucinations, delusions, and disorganised symptoms manifested in bizarre behaviours. In the post-treatment phase, Aura only experienced positive symptoms such as auditory hallucinations, visual hallucinations, and delusions. The primary distinction between Ahmad Burhanuddin's research and the author's is the data sources used; the author focuses on an anime as the object, whereas Ahmad Burhanuddin uses a novel as the subject and analysis.

RESEARCH METHOD

The author employs a qualitative descriptive research method to research the character Hinako in the anime Ride Your Wave. Descriptive research is a type of research conducted to describe and explain a phenomenon that occurs using scientific methods to answer actual issues. Meanwhile, qualitative research is characterised by data not presented in numerical form and does not require statistical processing. The data in qualitative research with a descriptive approach can take the form of sentences, recordings, or other formats. In this research, the research process involves collecting data related to the hallucinations experienced by Hinako in the anime Ride Your Wave. This includes gathering visual scenes (screenshots), transcribing dialogues, and then analyzing the data to identify and interpret the types of hallucinations and their psychological implications according to Stuart's theory.

RESULTS AND DISCUSSION

At first, Hinako has a cheerful and active personality. However, her personality undergoes a significant change after the incident that leads to Minato's death. She becomes depressed and begins to show symptoms of schizophrenia, particularly hallucinations, indicating a deep psychological impact from the trauma she has experienced.

Symptoms of Schizophrenia in the Main Character

The initial symptom of schizophrenia experienced by Hinako is hallucination, which is one of the common symptoms of schizophrenia. Hallucination is a perceptual disturbance in which the individual perceives something despite the absence of any sensory stimulus. Hinako experiences several types of hallucinations: visual hallucinations, where she can directly see the figure of her hallucination; auditory hallucinations, where she hears the voice of the hallucinated figure; and tactile hallucinations, where she feels touches that do not actually exist.

The hallucinations experienced by Hinako are as follows :

1. Visual Hallucinations

Data 1 (39:51 – 40:08)



Figure 1



Figure 2

- Hinako : みなと
Minato
- Wasabi : ひなこ-さん
Hinako-san
- Hinako : みなとがいた
Minato ga ita
Minato was there
- Yoko : 何言ってるのちょっと,大丈夫
Nani itten no chotto.. daijōbu..
"What are you talking about?! Hey, are you okay?"
- Hinako : みなと
Minato
- Yoko : あのね..いい!お兄ちゃんもう戻ってこないんだからいい加減受け入れな
Ano ne.. ii! oniichan mou modotte konaindakara iikagen ukeire na
"Hey, listen to me now! My brother will never come back!"

In Data 1, the scene involves an interaction between Yoko and Hinako, who are in the middle of an argument. The argument arises because Hinako suddenly sees the figure of Minato appear in her glass of water. In the dialogue “みなと. みなとがいた” (“Minato. Minato was there”), Hinako repeatedly calls out Minato’s name.

In Figure 1, Hinako begins to exhibit hallucination symptoms triggered by the emergence of memories of Minato and Hinako through a song they both liked. The song plays in the café, evoking a deep longing for Minato. In Figure 2, Yoko begins to sense something unusual about Hinako, which leads to a debate between Yoko and Hinako.

The hallucinations experienced by Hinako are more inclined towards visual hallucinations. Visual hallucinations occur because she experiences a distortion in her perception of reality through her sense of sight. Hinako feels profound sadness over Minato's departure and has not yet accepted the reality that Minato is gone, which leads to the appearance of Minato's figure in the water. At the same time, Yoko, who is with her, becomes frustrated. Becomes frustrated and tries to make Hinako realise that Minato is no longer alive.

Data 2 (40:00 – 40:02)



Figure 3



Figure 4

In Data 2, the scene depicts Hinako walking while singing her favorite song, a melody that reminds her of Minato. Suddenly, the hallucinated figure of Minato appears in a puddle of water caused by a passing car splashing.

In Figure 3, Hinako intentionally sings the song, hoping that Minato will reappear before her, recalling the previous incident described in Data 1, where Minato appeared when she heard the song. As a result, Hinako begins to sing their favorite song repeatedly, driven by her growing desire to meet Minato once more.

The hallucinations experienced by Hinako are visual hallucinations. At this stage, Hinako's visual hallucinations intensify, driven by her overwhelming longing and desire to meet Minato again. This emotional attachment causes Hinako to keep singing their favorite song repeatedly, in the hope that doing so will make Minato appear to her once more.

Data 3 (43:30 – 43:40)



Figure 5



Figure 6

Data 3 illustrates how Hinako increasingly longs to meet Minato and constantly seeks out places with water. Eventually, she goes to a river, sings their favorite song, and dives into the water, hoping to meet Minato.

Figure 5 shows the moment when Hinako is about to jump into the river, hallucinating that she is floating with Minato. Figure 6 depicts Hinako after diving into the river, looking directly at Minato. Her intense desire to be with Minato has grown so strong that it leads her to lose her sense of reason, causing her to repeatedly sing the song in hopes of staying with him forever. The hallucinations experienced by Hinako are visual hallucinations. At this stage, her hallucinations have progressed to the point where she appears completely detached from reality. She becomes willing to dive into a

river just to see Minato, clearly indicating a severe loss of rational thinking and a deep psychological disturbance.

2. Auditory Hallucinations

Data 4 (43:51)



Figure 7

- Hinako : なんか変な感じ
Nanka hen'nakanji
It's a weird vibe
- Minato : だよな
Dayona..
I know, right?
- Hinako : なんで.. 成仏できなかったってこと
Nande.. joubutsu dekinakattatte koto
Why.. can't you find peace?
- Minato : そうなるのかな
Sou naru no ka na
Maybe that's how it is
- Hinako : 心残りがあったから
Kokoronokori ga attakara
Is it because you had regrets?
- Minato : 俺の願いが叶ったのか
Ore no negai ga kanatta no ka
Did my wish come true?

In Data 4, the dialogue shows Hinako speaking with Minato about her feelings of curiosity that arise because of Minato's sudden appearance. Hinako questions why Minato keeps appearing to her and tries to understand the meaning behind his presence.

In Data 4 and Figure 7, Hinako begins to exhibit symptoms of auditory hallucinations. This occurs when Hinako keeps singing the song in hopes that Minato will appear in the water. Her curiosity grows stronger, leading her to talk to Minato, who is a hallucinated figure. In the dialogue “なんで ... 成仏できなかったってこと” (“Why... can't you find peace?”), Hinako wonders if Minato is a restless spirit or something else. In the dialogue “心残りがあったから” (“Is it because you had regrets?”), Hinako asks if there are lingering regrets in this world, which might be the reason Minato's figure appears in the water.

The hallucination experienced by Hinako is an auditory hallucination. This hallucination arises because Hinako's curiosity about Minato is very strong, especially regarding Minato's appearance in the puddle of water when Hinako sings their favorite song. It seems as though Minato is responding to Hinako's questions.

Data 5 (48.48)

- Hinako : どうかした
 Doukashita
 Is something wrong?
- Minato : あ...俺はひこの手をちゃんと握ることもできないんだなって, さっきのやつみ
 たいに助け起すことも
 A... Ore wa hiko no te o chanto nigiru koto mo dekinai nda natte, sakki no yatsu mitai
 ni tasuke okosu koto mo
 Ah... I can't even properly hold your hand, Hinako, or help you up like that guy earlier
- Hinako : あれ... もしかして焼きもち
 Are... Moshikashite yakimochi?
 Eh.. could it be that you're jealous?
- Minato : 違うよ
 Chigau yo
 That's not it
- Hinako : 私浮気したりしない港だけだよ
 Watashi uwaki shitari shinai minato dakeda yo
 I don't cheat, it's only you, Minato.
- Minato : だから違うって
 Dakara chigautte
 That's not it, I told you!
- Hinako : 喧嘩なんか初めてだね機嫌直して
 Kenka nanka hajimetedane kigenaoshite
 This is the first time we've ever had a fight, right? Please cheer up.

In Data 5, the dialogue reveals Hinako expressing concern for Minato, as he appears upset after seeing Hinako fall and being helped by another man.

Hinako's auditory hallucinations intensify, reinforcing her belief that Minato is real. “あ...俺はひこの手をちゃんと握ることもできないんだなって, さっきのやつみたくに助け起すことも” (“Ah... I can't even properly hold your hand, Hinako, or help you up like that guy earlier”), Hinako thinks that Minato is jealous because the dialogue suggests that Minato is upset seeing Hinako fall and being helped by another man, while he himself couldn't help her. In the dialogue “私浮気したりしない港だけだよ” (“I don't cheat, it's only you, Minato”), Hinako realizes that Minato is angry and reassures him that he is the only one she loves. At this stage of auditory hallucination, Hinako creates her own imagined scenario with Minato and believes that Minato is jealous of her, further deepening her detachment from the actual world.

3. Tactile Hallucinations

Data 6 (47:17 – 47:45)



Figure 8



Figure 9

In Data 6, the scene shows Hinako feeling envious as she sees other couples holding hands. This emotional reaction leads her to come up with the idea of placing Minato inside a dolphin-shaped water balloon.

In Figures 8 and 9, Hinako's hallucinations become more intense. Her desire to hug and physically touch Minato grows stronger. In Figure 8, Hinako prepares a dolphin-shaped water balloon and fills it with water in the hope that Minato can exist inside it. In Figure 9, Hinako begins to feel happy because she finally feels like she can make physical contact with Minato, through an intermediary medium, and she even tries to dance with him. The type of hallucination experienced by Hinako in this scene is tactile hallucination that occur through an intermediary medium, the dolphin-shaped water balloon. This behavior increasingly makes Hinako appear strange in the eyes of others, as she carries the water-filled balloon wherever she goes.

Data 7 (50:58 – 51:06)



Figure 10



Figure 11

Data 7 presents a scene in which Minato asks Hinako to go to the beach with him.

Hinako's hallucinations have progressed to the point where she becomes increasingly detached from reality and fulfills Minato's wish to go on a beach vacation, this time without using the water-filled balloon as a medium. In Figure 10, Hinako is shown hugging Minato, who is inside the water without

any intermediary, and they swim together at the beach. Not only do they embrace, but in Figure 11, Hinako and Minato are also seen kissing.

The type of hallucination experienced by Hinako in Data 7 is tactile hallucination, which has advanced to the point of direct physical contact. In this instance, Hinako interacts with her hallucinated figure of Minato without any intermediary medium, indicating a deepening of her psychological detachment from reality.

CONCLUSION

Based on the results of schizophrenia symptoms through the framework of hallucination theory, it can be concluded that the main character in the anime Ride Your Wave is vulnerable to stress caused by the loss of her partner, Minato, which leads to deep longing and triggers symptoms of schizophrenic hallucinations in the main character, Hinako. The data analysis shows that Hinako exhibits three distinct types of hallucinations from the five identified in the theory: visual hallucinations, where she can directly see the figure of her hallucination; auditory hallucinations, where she hears the voice of the hallucinated figure; and tactile hallucinations, where she feels touches that do not actually exist. These manifestations suggest that Hinako's symptoms of schizophrenia are quite severe, as evidenced by her intense hallucinations of Minato appearing in water, her drastic behaviour of jumping into a river, and her habit of carrying a water-filled balloon wherever she goes.

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